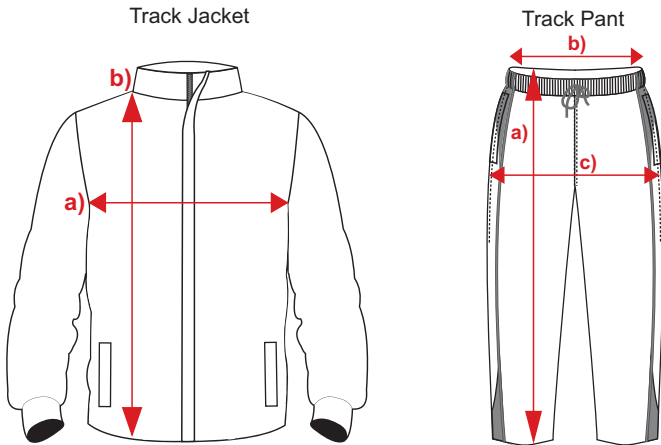


Body Shape Options



TIP - Grab a garment of your own that is a comfortable fit. Measure the dimensions when laid flat.
 1/2 Chest Measurement - Taken from armpit to armpit.
 Length Measurement - Taken from highest point on the back to the hem at the bottom of the garment.
 1/2 Waist Measurement - Taken from side to side along the waistline
 Length Measurement - Taken from the high point on the side to the bottom of the garment.

Size Chart

Track Jackets - Juniors

Garment Size	2K	4K	6K	8K	10K	12K	14K
a) Half Chest (cm)	42	44	46	48	50	53	56
b) Garment Length (cm)	48	51	55	59	62	66	69

Track Pants - Juniors

Garment Size	2K	4K	6K	8K	10K	12K	14K
a) Shorts Length (cm)	55	61	67	74	80	87	95
b) Relaxed Waist (cm)	21	22.5	24	25.5	27	28.5	30
c) Half Hip (cm)	32	34	36	38	40	42	44

Track Jackets - Adults - Unisex

Garment Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
a) Half Chest (cm)	59	62	64	66	68	70	72	74	76
b) Garment Length (cm)	72	77	79	81	83	85	87	89	91

Track Pants - Adults - Unisex

Garment Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
a) Shorts Length (cm)	99	102	105	107	109	111	113	115	117
b) Relaxed Waist (cm)	31	32	34	36	38	40	42	45	47
c) Half Hip (cm)	47	50	53	56	59	62	65	68	70

Notes
 The size chart is a reference to Team Spirit Sports garments and are to be used as a guideline only.