



TIP - Grab a garment of your own that is a comfortable fit. Measure the dimensions when laid flat.
 1/2 Chest Measurement - Taken from armpit to armpit.
 Length Measurement - Taken from highest point on the back to the hem at the bottom of the garment.

Size Chart

Shorts - Juniors

Garment Size	2K	4K	6K	8K	10K	12K	14K
a) Shorts Length (cm)	23.5	25.5	27.5	28.5	29.5	31.5	34.5
b) Relaxed Waist (cm)	20	22	24	26	28	30	32

Shorts - Mens

Garment Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
a) Shorts Length (cm)	36.5	37.5	39.5	40.5	41.5	42.5	43.5	44.5	45.5
b) Relaxed Waist (cm)	34	36	38	40	42	44	46	48	50

Shorts - Ladies

Garment Size	6W	8W	10W	12W	14W	16W	18W	20W	22W
a) Shorts Length (cm)	32	32	32	33.5	33.5	33.5	35.5	35.5	35.5
b) Relaxed Waist (cm)	28	30.5	33	35.5	38	40.5	43	45.5	48

Notes
 The size chart is a reference to Team Spirit Sports garments and are to be used as a guideline only.